

SIGNS

Happiness
Well Being
Creativity
Intimate
Health Energy
Flexibility
Open Sharing
Self Responsible

SYMPTOMS

Unhappiness
Rigidity
Closed
Addictions- Alcohol, Food, Drugs, Behavior
Fatigue
Constriction
Guarded
Depression
Isolation
Anti-Social

LOVE

Pleasure
Affection
Tenderness
Touch
Sexuality

DESIRE

I Exist
I Need
I'm Entitled
I'm Lovable
I'm Good Enough

PLEASURE

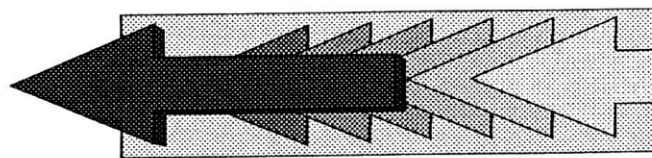
Physical Closeness
&
Emotional Openness

FEAR/ANGER

DANGER

PAIN

Emotional Release
leads to
Cognitive Awareness
leads to
Behavioral Changes



BIOLOGICAL/PHYSIOLOGICAL NEEDS
Air, Food, Shelter, Warmth, Elimination
&

TRUST
EU-STRESS
EASE
HAPPINESS

BONDING

DIS-TRUST
DIS-STRESS
DIS-EASE
UNHAPPINESS